



OTTAWA 2022

**SPORTS SCHEDULE
JULY 28 - 31, 2022**

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#JOURNEYFORWARD

Thursday July 28, 2022

Please note: All athletes (including people not staying on uOttawa campus) will need to check in at the lobby of 90U residence on Thursday between 2-8 PM or Friday between 9 AM - 9 PM.

Check-in and Opening Ceremonies, University of Ottawa

2:00 PM	Athlete check-in at lobby of 90U Residence on the University of Ottawa campus
6:00 PM	Guests start arriving for Opening Ceremonies at University Square, 136 University Private, Ottawa
6:30 PM	Opening Ceremonies Begin

Indigenous Resource Centre, at 145 Séraphin-Marion Private, University of Ottawa Campus will be open from 9:00 AM to 4:00 PM.



Athletics



Volleyball



Softball



Soccer



Basketball

Friday July 29, 2022

Basketball

Montpetit Hall Gymnasium, University of Ottawa, 125 University Private, University of Ottawa

	Court #1	Court #2
8:30-10:00 AM		MU19 Round #1 - Kenhtè:ke Wolves vs. SwishNish
10:15 AM	Bus pickup at uOttawa - Lot K	
10:30-11:30 AM	All Basketball athletes attend Ottawa BlackJacks Practice at TD Place	
11:30 AM	Bus pickup at TD Place	
12:00-1:30 PM		MU19 Round #1 - ISWO #5 vs Martens
1:30-3:00 PM		Female Round #1 - Kenhtè:ke Wolves #1 vs. Swish Nish
3:00-4:30 PM		Female Round #1 - ISWO #7 vs ISWO #8
4:30-6:00 PM	MU16 Round #1 - JPD vs. ISWO #6	MU16 Round #1 - Kenhtè:ke Wolves vs. Swish Nish
6:00-7:30 PM	Female Round #2 - ISWO #8 vs Kenhtè:ke Wolves #2	
7:30-9:00 PM	MU19 Round #2 - SwishNish vs. Martens	MU16 Round #2 - JPD vs. Swish Nish

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Friday July 29, 2022

Soccer	
Matt Anthony Field/Minto Sports Complex, 75 Laurier Ave. E, University of Ottawa	
9:00-10:30 AM	Skill Development with NAIG Staff and Ontario Soccer's Chris Loucks
1:00-2:30 PM	Skill Development with NAIG Staff and Ontario Soccer's Chris Loucks

Softball	
Carlington Park Diamonds, 5A6, 1482 Raven Ave, Ottawa	
12:00 PM	Bus pickup at uOttawa
1:00-2:00 PM	Skill Development with NAIG coaches
2:00-3:00 PM	
3:00-4:00 PM	
4:15 PM	Bus pickup at venue, return to uOttawa

Volleyball		
Montpetit Hall Gymnasium, University of Ottawa, 125 University Private, University of Ottawa		
	Court #1	Court #2
9:00-10:30 AM	U16F Round #1 - ISWO #1 vs. ISWO #2	U16F Round #1 - Treaty #3 Titans vs. RRFN Thunderbirds
10:30 AM-12:00 PM	U19F Round #1 - ISWO #3 vs. Treaty Three Titans	U16M Round #1 - Treaty Three Titans vs. Manitou Thunderbirds
12:00-1:30 PM	U19M Round #1 - Raiders/ISWO #4 vs. Treaty Three Titans	U16F Round #2 - ISWO #1 and 2 vs. Treaty Three Titans
1:30-3:00 PM	U16F Round #2 - ISWO #2 and #1 vs. RRFN Thunderbirds	U19F Round #2 - Thundercats vs. Treaty Three Titans
3:00-4:30 PM	U16M Round #2 - Manitou Thunderbirds vs. Treaty Three Titans	U19M Round #2 - Raiders/ISWO #4 vs. Treaty Three Titans
4:30-6:00 PM	U16F Round #3 - ISWO #1 vs. RRFN Thunderbirds	U16F Round #3 - ISWO #2 vs. Treaty #3 Titans
6:00-7:30 PM	U19F Round #3 - ISWO #3 vs. Thundercats	U16M Round #3 (if needed) Treaty Three Titans vs. Manitou Thunderbirds
7:30-9:00 PM	U19M Round #3 Raiders/ISWO #4 vs. Treaty Three Titans	

Indigenous Resource Centre, at 145 Séraphin-Marion Private, University of Ottawa Campus will be open from 9:00 AM to 4:00 PM

Visit the [Dining Hall](#) at any time during the following hours:

Breakfast: 7 to 10 AM | Lunch: 12 to 3 PM | Dinner: 6 to 9 PM

Saturday July 30, 2022

Athletics

Terry Fox Athletic Complex, 2960 Riverside Drive, Ottawa

Time	U16 Male	U16 Female	U 19 Male	U 19 Female
7:30	Bus pickup at uOttawa			
8:30-9:00 AM	1500m (Run together)			
9:00-9:45 AM	100m	100m	100m	100m
9:45-10:30 AM	Long Jump x3	High Jump x3	Shot Put x3	Break
10:30-11:15 AM	400m	400m	400m	400m
11:15 AM-12:00 PM		Long Jump	High Jump	Shot Put
12:00-1:00 PM	Lunch			
1:00-1:45 PM	200m	200m	200m	200m
1:45-2:30 PM	Shot Put	Break	Long Jump	High Jump
2:30-3:15 PM	800m	800m	800m	800m
3:15-4:00 PM	High Jump	Shot Put	Break	Long Jump
4:45 PM	Bus pickup at venue, return to uOttawa (All athletes)			

Basketball

	Court #1	Court #2
9:00-10:30 AM		Female Round #3 - ISWO #8 vs Kenhtè:ke Wolves #1
10:30 AM - 12:00 PM	MU19 Round #2 - Kenhtè:ke Wolves vs. ISWO #5	MU16 Round #2 - Kenhtè:ke Wolves vs. ISWO #6
12:00-1:30 PM		Female Round #4 - Swish Nish vs Kenhtè:ke Wolves #2
1:30-2:30 PM	Ottawa BlackJacks FU16	Ottawa BlackJacks FU16/19
2:30-3:30 PM	Ottawa Blackjacks MU16	Ottawa Blackjacks MU19
3:30-5:00 PM	MU16 Round #3 - ISWO #6 vs. Swish Nish	MU16 Round #3 - Kenhtè:ke Wolves vs. JPD
5:00-6:30 PM	Female Round #5 - Kenhtè:ke Wolves #1 vs. Kenhtè:ke Wolves #2	Female Round #5 - ISWO #8 vs Swish Nish
6:30-8:00	MU19 Round #3 - ISWO #5 vs. SwishNish	MU19 Round #3 Kenhtè:ke Wolves vs Martens

Indigenous Resource Centre, at 145 Séraphin-Marion Private, University of Ottawa Campus will be open from 9:00 am to 4:00 pm

Visit the [Dining Hall](#) at any time during the following hours:

Breakfast: 7:00 am to 10:00 am | Lunch: 12 pm to 3pm | Dinner: 6pm to 9pm

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Saturday July 30, 2022

Soccer

**Matt Anthony Field/Minto Sports Complex,
75 Laurier Ave. E, University of Ottawa**

9:00-10:30 AM	Skill Development with NAIG Staff and Ontario Soccer's Chris Loucks
11:00 AM-12:30 PM	Game #1 Team Keir vs Team Vic
Lunch	
1:30-3:00 PM	Game #2 Team Keir vs Team Vic
3:30-5:00 PM	Game #3 Team Keir vs Team Vic

Softball

**Carlington Park Diamonds,
5A6, 1482 Raven Ave, Ottawa**

9:30 AM	Bus pickup at uOttawa
10:00-11:30 AM	Game #1 GOATs vs Trappers
12:00-1:30 PM	Game #2 GOATs vs Trappers
2:00-3:30 PM	Game #3 GOATs vs Trappers
4:15 PM	Bus pickup at venue, return to uOttawa

Volleyball

Montpetit Hall Gymnasium, University of Ottawa, 125 University Private, University of Ottawa

	Court #1	Court #2
9:00-10:30 AM	U16F Semi Final Game First vs. Fourth	U19F Semi Final Game Second vs.Third
10:30 AM-12:00 PM	U16F Championship Game Third vs. Second	U19M Championship Game First vs. Second
12:00-1:30 PM	U16/19M NAIG Coach Skill Development	
1:30-3:00 PM	U16/19F NAIG Coach Skill Development	
3:00-4:30 PM	U16F Gold Medal Game Winners of Semi Final #1 vs. Semi Final #2	U16F Bronze Medal Game Losers of Semi Final #1 vs. Semi Final #2
4:30-6:00 PM	U19F Gold Medal Game First vs. Winner of Semi Final	Male Championship Round #1.1 U19M Champion vs. U16M 2nd
6:00-7:30 PM	Male Championship Round #1.2 U19M 2nd vs. U16M Champion	

Recreational Volleyball Game at Mooney's Bay

5:30 PM	Shuttle Bus pickup from uOttawa
6:00 - 8:00 PM	Recreational - athletes, chaperones and family members invited for a fun game of volleyball at Mooney's Bay
8:30 PM	Shuttle Bus pickup from Mooney's Bay back to uOttawa

Sunday July 31, 2022

Athletics

Terry Fox Athletic Complex, 2960 Riverside Drive, Ottawa

Time	Division	Race
7:30 AM	Bus pickup at uOttawa (All athletes)	
8:00-9:00 AM	Female and Male 19U	3km
9:00-10:00 AM	Female and Male 16U	3km
10:00 AM	Medal ceremonies	
10:30 AM	Bus pickup at venue, return to uOttawa (All athletes)	

Basketball

Montpetit Hall Gymnasium, University of Ottawa, 125 University Private, University of Ottawa

	Court #1	Court #2
9:00-10:30 AM	MU16 Bronze Medal Game ISWO #6 vs Kenhtè:ke Wolves	MU16 Championship Game Swish Nish vs JPD
10:30 AM -12:00 PM	Female Bronze Medal Game Kenhtè:ke Wolves #2 vs Swish Nish	Female Championship Game ISWO #8 vs Kenhtè:ke Wolves #1
12:00-1:30 PM	MU19 Bronze Medal Game Swish Nish vs ISWO #5	MU19 Championship Game Martens vs Kenhtè:ke Wolves
1:30 PM	Medal Ceremonies all divisions	

Volleyball

Montpetit Hall Gymnasium, University of Ottawa, 125 University Private, University of Ottawa

	Court #1
9:00-10:30 AM	Male Overall Championship Game
10:30 AM	Medal ceremonies for all divisions

Closing Ceremonies, University Square, 136 University Private, Ottawa

12:00 PM	Guest checkout at University of Ottawa
1:00 -3:00 PM	Community Feast and Closing Ceremonies

Guests are free to visit the [Dining Hall](#) at any time during the following hours:

Breakfast: 7:00 am to 10:00 am

Lunch will be a community feast at University Square

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