#### **Medal Ceremonies - Athletics**

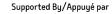
Medal ceremonies will take place at the sport venue, for each sport, at the end of competition

Terry Fox Athletic Complex, 2960 Riverside Drive, Ottawa			
EVENT	EVENT TIME	MEDAL CEREMONY TIME	
1500m	8:00 AM	12:18 PM	
100m U16M	9:00 AM	12:20 PM	
100m U16F	9:00 AM	12:22 PM	
100m U19M	9:00 AM	12:24 PM	
100m U19F	9:00 AM	12:26 PM	
Long Jump x3 U16M	9:45 AM	12:28 PM	
High Jump x3 U16F	9:45 AM	12:30 PM	
Shot Put x3 U19M	9:45 AM	12:32 PM	
400m U16M	10:30 AM	12:34 PM	
400m U16F	10:30 AM	12:36 PM	
400m U19M	10:30 AM	12:38 PM	
400m U19F	10:30 AM	12:40 PM	
Long Jump U16F	11:15 AM	12:42 PM	
High Jump x3 U19M	11:15 AM	12:44 PM	
Shot Put U19F	11:15 AM	12:46 PM	
200m U16M	1:00 PM	4:00 PM	
200m U16F	1:00 PM	4:02 PM	
200m U19M	1:00 PM	4:04 PM	
200m U19F	1:00 PM	4:06 PM	
Shot Put U16M	1:45 PM	4:08 PM	
Long Jump U19M	1:45 PM	4:10 PM	

1:45 PM

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4:12 PM







High Jump U19F

## **Medal Ceremonies - Athletics**

SATURDAY, JULY 30 - Athletics			
Terry Fox Athletic Complex, 2960 Riverside Drive, Ottawa			
EVENT	EVENT TIME	MEDAL CEREMONY TIME	
800m U16M	2:30 PM	4:14 PM	
800m U16F	2:30 PM	4:16 PM	
800m U19M	2:30 PM	4:18 PM	
800m U19F	2:30 PM	4:20 PM	
High Jump U16M	3:15 PM	4:22 PM	
Shot Put U16F	3:15 PM	4:24 PM	
Long Jump U19F	3:15 PM	4:26 PM	

SUNDAY, JULY 31 - Athletics			
Terry Fox Athletic Complex, 2960 Riverside Drive, Ottawa			
EVENT	EVENT TIME	MEDAL CEREMONY TIME	
5km U19M	8:00 AM	10:00 AM	
5km U19F	8:00 AM	10:10 AM	
3km U16M	9:00 AM	10:20 AM	
3km U16F	9:00 AM	10:30 AM	





# Medal Ceremonies - Volleyball

SUNDAY, JULY 31 - Volleyball			
Montpetit Hall Gymnasium, University of Ottawa, 125 University Private, University of Ottawa			
EVENT	EVENT TIME	MEDAL CEREMONY TIME	
Consolation U16F	9:00 AM	10:30 AM	
Championship U19F	Previous day	10:35 AM	
Championship U16F	Previous day	10:40 AM	
Championship U19M	Previous day	10:35 AM	

## Medal Ceremonies - Soccer

SATURDAY, JULY 30 - Soccer			
Carlington Park Diamonds, 5A6, 1482 Raven Ave, Ottawa			
EVENT	EVENT TIME	MEDAL CEREMONY TIME	
Best of Three	1:30 PM	2:30 PM	





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#### Medal Ceremonies - Softball

SATURDAY, JULY 30 - Softball			
Carlington Park Diamonds, 5A6, 1482 Raven Ave, Ottawa			
EVENT	EVENT TIME	MEDAL CEREMONY TIME	
Best of Three	2:00 PM	3:30 PM	

#### Medal Ceremonies - Basketball

SUNDAY, JULY 31 - Basketball			
Montpetit Hall Gymnasium, University of Ottawa, 125 University Private, University of Ottawa			
EVENT	EVENT TIME	MEDAL CEREMONY TIME	
Consolation U16M	9:00 AM	1:30 PM	
Championship U16M	9:00 AM	1:35 PM	
Female Consolation	10:30 AM	1:40 PM	
Female Championship	10:30 AM	1:45 PM	
Championship U19M	12:00 PM	1:50 PM	





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